

NATIONAL SORORITY OF PHI DELTA KAPPA, INC.

IOTA CHAPTER

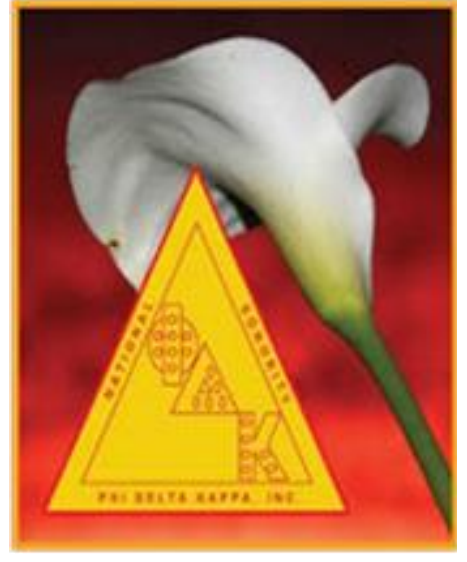
NEWSLETTER

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Soror Spotlight

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Agnes D. Howard



Soror Agnes D. Howard was inspired to membership in NSPDK, Inc.-Iota Chapter by Soror Alberta Jackson, Past Chapter Basileus, whose love for the Sorority and Iota Chapter, was very encouraging. "I became a member of

Iota Chapter in 1995 after witnessing an array of strong Black Women and Educators devoted and committed to the education of the youth and community service."

Soror Howard's most memorable Iota experience was serving, along with Soror Patricia Smith, as Advisors to the Kudos youth group. Soror Smith's wisdom and expertise in preparing the Kudos for the Annual Youth Conference and providing them with educational opportunities, was a rewarding experience. Just to be able to mentor these students

and observe the interest and growth of those young men, was an indication that our efforts had been successful.

To be able to serve as Basileus of Iota Chapter for six years was quite memorable and rewarding. "My tenure allowed me to become more knowledgeable of the Policies and Procedures of the National organization, attend conferences and conclaves and meet Sorors from all Regions. But most rewarding was working with the most dedicated, hard-working, committed, and compassionate

Sorors of Iota and serving on several committees. I am indebted to so many Sorors for Iota's success, especially Dr. Juanita High as my resource person."

Soror Agnes was reared in Roseboro, NC and was educated in the Sampson County Public Schools. She furthered her education by attending Livingstone College in Salisbury, NC where she earned a Bachelor of Arts Degree in Elementary Education.

Soror Spotlight Sheryl Marable



Soror Sheryl L. Marable became a member of The National Sorority of Phi Delta Kappa, Inc. in 1985. What inspired her to become a member of this organization was her passion as an educator to give back to the children and young adults in the community and surrounding areas. Her most memorable experience was being the Chairperson for the Debutante Cotillion. "I found being a part of the Iota Chapter the Youth Education Service Programs (YES) very rewarding."

Soror Sheryl grew up in Atlantic City, New Jersey, graduating from Atlantic City High School. She presently lives in Egg Harbor Township. She is married with two adult children, one daughter and one son.

Soror Marable though now being retired, still maintains ties to the education world by staying involved with supporting children with educational

activities and programs. She does all this in addition to supporting the initiatives through The National Sorority of Phi Delta Kappa, Inc. According to Soror Sheryl, "Education is something that can never be taken away and more valuable than gold. I am forever a student where the world is my classroom and with my life as a teacher.

Sheryl enjoys going shopping and getting my nails and hair done. What many people might now know about Sheryl is that she is a 10-year survivor of a quadruple bypass.



Soror Spotlight



Vivian A. Robinson

Soror Vivian grew up and attended both elementary and High school in Norfolk, Va. She later relocated to Atlantic City Soror Vivian has lived in Egg Harbor Township and Mays Landing, NJ ,where she currently resides. She received her BS in elementary Ed. from Saint Paul's College in Virginia, her MS in Counseling and Human Development from Villanova University. She also worked on doctoral studies before retiring in 2013.

Soror Robinson became a member of Iota Chapter during the mid 80's because she wanted to be affiliated with an organization whose aim was to enhance the lives of young women, She also finds it "Very rewarding to interact with my sisters both locally and in other chapters A big highlight for me was being Basileus of the chapter when Iota hosted the Regional Conference".

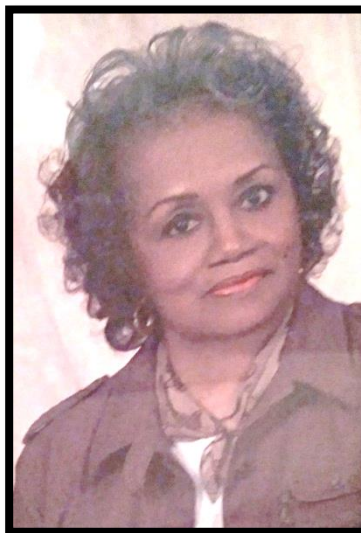
Vivian's educational philosophy is to do everything possible to

mold aspiring children into productive adults.



Soror Spotlight

Rita B. Krall

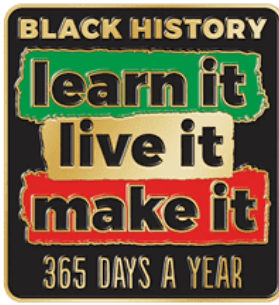


Soror Rita Krall wanted to become a member of Iota Chapter because Iota was such a prestigious sorority of people who were teachers. "I also wanted to join because there were teachers who taught me, women who I looked up to." Her most memorable Iota experience actually happened before she became a soror. This happened when she was a

senior in high school. Soror Krall was in Iota Chapter's very first Cotillion in 1953. "It was an honor to be a part of the Cotillion Committee when I became a soror." What she found most rewarding about being a member of Iota Chapter was, "Being able to work along with teachers who I admired who had taught me."

Soror Krall has held a plethora of officer positions in Iota Chapter, but perhaps the longest one she held was that of Tamias, working alongside Patricia Carter. As part of the finance team she was involved in numerous committees and faithfully attended each one and zealously guarded sorority money.

Soror Rita was born and raised in Atlantic City, NJ. She remained in Atlantic City, until she retired, and at that time, relocated to Galloway, NJ. Soror Rita maintains her involvement in education in by her membership in Iota Chapter and also her membership in Alpha Kappa Alpha, Sorority Inc, Theta Kappa Omega, the Atlantic City NJ Chapter of The Links, Inc. , Club Quintessence, and as a life-long member of St. Augustine Episcopal Church in Atlantic City. .



Soror Spotlight Elaine Milan



Soror Elaine Rhodes Milan became member of National Sorority of Phi Delta Kappa, Inc., Iota Chapter in May of 1970. Soror Elaine would seek to enhance her educational skills, become more knowledgeable of both programs and teaching techniques, and become a part of such a distinguished teaching organization that serves the youth in our community.

Soror Milan is a native of Harrisonburg, Virginia and attended Hampton Institute. Upon graduation, she began her teaching career in Atlantic City Public Schools.

Presently she and her husband reside in Atlantic City

Soror Milan believes every child should have a through education and nothing less. After spending 34 years in the AC district, as a teacher, vice principal, and as a principal, after retirement, Soror Milan returned to organize the Title I Parent Centers of Atlantic City Schools where she continued her work with families.

As a member of NSPDK, Iota Chapter, one of Soror Elaine's most memorable experiences was with her first involvement with the Debutante Cotillion and being a part of the beautiful transformation of young girls and boys Their meaningful involvement in workshops would hone their skills for future endeavors. Their response and experience would prove to be a challenge and it was an incredible opportunity for sorors to work with the youth and their families in our community. Iota Chapter has provided many opportunities for professional growth through chapter programs, workshops, and continuing to stay abreast of new and innovative initiatives.

Soror Elaine can be seen in community working and helping people and

supporting senior groups. Sisterhood has proven to be vehicle for forming friendships and bonding with sorors to successfully meet their goals.



DID YOU KNOW?

Renowned singer and jazz pianist, Nat King Cole, was the first Black American to host a TV show: NBC's *The Nat King Cole Show*.

Stevie Wonder is not only the first Black artist to win a Grammy for Album of the Year for 1973's *Innervisions*, but the first and only musician to win Album Of The Year with three consecutive studio albums.

In 1981, Broadcast journalist Bryant Gumbel became the first Black person to host a network morning show when he joined NBC's *Today Show*.

Hairdresser Christina M. Jenkins is credited with inventing the weave. Also known as a sew-in, the Louisiana native (who eventually relocated to Ohio) earned a patent for her creation in 1952—though it was overturned in 1965, according to *Stylist*.



SOUL FOOD

Slaves were forced to eat the animal parts their masters threw away. They cleaned and cooked pig intestines and called them "chitterlings."

They took the butts of oxen and christened them "ox tails." Same thing for pigs' tails, pigs' feet, chicken necks, smoked neck bones, hog jowls and gizzards.

Today, all of those parts -- including smoked neck bones, ham hocks, bacon, fat back and salt pork -- are still included in soul food menus, either as main dishes or to flavor foods such as vegetables and dried beans and peas. (Pittsburgh Gazette, 2021)

COLLARD GREENS RECIPE

2 smoked ham hocks
(or any smoked meat)

7 cups of water

Soul food seasoning,
to taste (can be found
in ethnic aisle of local
grocery stores)

Salt and pepper to
taste

2 medium onions,
chopped

4 bunches fresh
collard greens,
cleaned

2 tablespoons of
white vinegar or any
jarred pepper juice

After rinsing ham hocks, add to large pot with water and simmer for 30 to 45 minutes. Add soul food seasoning to pot as desired with salt, pepper, and chopped onions.

Pick stems from greens and wash several times in cold water until greens are clean (when water is no longer dirty and greens are no longer gritty). Cut greens up and place in boiling water. Add vinegar.

Reduce heat and let simmer for about 3 to 4 hours or until well cooked and most of the water is cooked away.

Sharita Gray